

Kara W. Tedesco

CPC, QPA

Principal, Employee Benefits Consultant



CURRENT RESPONSIBILITY

Kara is a principal and employee benefits consultant Milliman's Employee Benefits Administration Practice. Kara joined Milliman in 1994 and has more than 20 years of experience working in the retirement plan industry.

EXPERIENCE

Kara is a client relationship manager and consults with defined contribution clients on all areas of plan design and compliance with ERISA and related regulations. Kara's areas of expertise include controlled groups, fiduciary oversight, and prevailing wage rate plans.

Kara also consults with clients on both qualified and nonqualified retirement plans to help clients meet their retirement income goals.

PROFESSIONAL DESIGNATIONS

- Certified Pension Consultant (CPC), a designation sponsored by the American Society of Pension Professionals and Actuaries (ASPPA)
- Qualified Pension Administrator (QPA), a designation sponsored by the American Society of Pension Professionals and Actuaries (ASPPA)
- Board member of the New York State Employee Benefits Conference
- Kara regularly attends seminars and training courses to keep current with trends and regulations in the industry

EDUCATION

- BA, Economics and English, St. Lawrence University
- MBA, The College of Saint Rose

